

M E G D A L Y

————— *Get Your Mojo Back* —————

MOJO MANIFESTO

A “Manifesto,” as it relates to this exercise, is a story describing a declaration of intentions for your life. It’s essentially what your new reality will look like, sound like, feel like.

Don’t hold back. Dream big on this one! Think of it as the “movie of your future life!” The centerpiece of your manifesto is your “DEEP DESIRE” for this point in your life. It’s something that if achieved, would be a game changer and create a ripple effect to all areas of your life.

In terms of your career, it is what you see possible for:

- Shifts in perception
- Rebranding of image
- Handling conflict
- Collaborating with work teams
- Communicating with clients
- Your environment

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In terms of your personal life, it is what you see possible for:

- Where you live
- Who is in your “inner circle?”
- How you spend free time
- Your well-being
- Your finances
- Your environment

The key is to be specific! Here are a few questions to get you started:

- Where do I work?
- What does my office look like?
- Who do I work with?
- What does life FEEL like?
- What sounds do I hear?
- What food do I taste?
- Who are my friends?

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- What is the view? What do I see?
- What do the fabrics feel like on my clothes? My furniture? My bed?
- What does my home look like?
- What does a normal workday look like?
- What is my description of a perfect day?
- What is my morning routine?
- How do I nurture myself?
- What do my evenings look like?
- What language do I use? How do I speak?
- How do I “show up” each day? What is my mindset?
- Where do I live?
- Who is in my new reality?
- How do I FEEL?

Upon completion, reach out to me for a free consult on how to bring this vision to reality.

Ready? Set? GO!

All is well,

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Meg